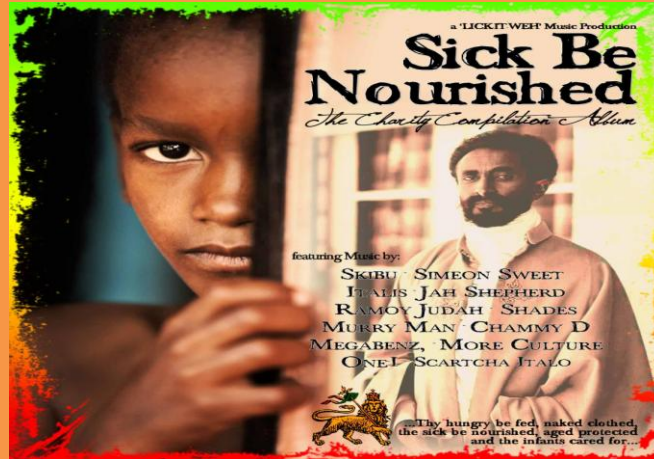
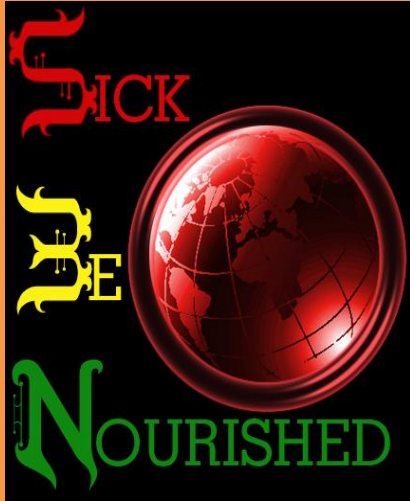


# The Sick be Nourished Project



**'Let the hungry be fed, the naked clothed ,the sick be nourished, aged be protected and the infants cared for'. .....**

The Project is based on the need for medical and surgical resources in Ethiopia and other places within the Caribbean and African diaspora. Following the death of a beloved sistrin during childbirth, the need to develop health care resources for I an I returning home has been identified.

By fundraising we hope to transfer much needed medical/surgical equipment, instruments, books, journals and uniforms which we currently have in our possession. Several donations have been received from local hospitals and medical companies that need to be shipped via a 20ft container costing approximately £3000.

The Shashamane District general Hospital is also in a state of disrepair and our brothers and sisters in particular our Matriarchs and Patriarchs even the pioneer settlers need support. In order to address this the project aims to support the further development of the hospital and to set up a clinic suitable to the needs of I an I on the Kings Highway in Shashamane. This will be achieved by working with our local and international communities to raise the necessary awareness and funds. The forthcoming 'Sick be Nourished' Charity track, is one venture which will help to raise funds. 'The Singers and the players of instruments shall be there'. The artists have been very supportive of the project by donating rhythm tracks and vocals towards the album. We have received both local and national tracks which hopefully will generate interest and allow the project to go from strength to strength.

## For More Information:-

Please log onto [www.lickitweh.co.uk](http://www.lickitweh.co.uk) for more information. Click onto the Sick be Nourished event to hear the first track donated to the project and view the gallery photographs of the event which took place on 12<sup>th</sup> dec 2009.

We hope to raise approximately £20,000 to begin work on the clinic and would like to take this opportunity to thank ones for their continued support with the project. In particular, the project recognises the assistance being given by all contributing artists who have given their time and efforts into making this a success. We have received support from artist such as Simeon Sweets, Jah Shepperd, Empress Jahset, Murreyman, Italist, Ramon Judah to name but a few. Tenastar and Claire Angel are on board and, on the international front giving thanks to man like Fred Locks, Determine, Sugar Minott and Sizzla who all fully endorse the project.

All contributing artists have based the tracks on the theme, 'Let the hungry be fed, the naked clothed, the sick be nourished, aged be protected and the infants cared for'. Special thanks also for the producers who have donated tracks to the project. There are currently 5 tracks available and a number of artists have yet to forward their tracks. Wailing Souls for example are working on their tracks and this will soon feature on the album.

Each participating artist and individuals assisting with the project has or will receive a Certificate of appreciation, photographs of those already in receipt can be viewed on the lick it weh website.

Please look out for and support the project, artists can donate tracks by contacting Sister zauditu on [empresszauditu@yahoo.co.uk](mailto:empresszauditu@yahoo.co.uk) or by phone 07984 031 482/0121 356 8800. Tracks are available or alternatively ones can donate tracks ones feel are appropriate.

Giving thanks and praises to H.I.M Emperor Haile I Selassie I 1<sup>st</sup> and H.I.M Empress Itege Menen.

Blessed Love

Rastafari

Sick be Nourished team